



POOL TIMETABLE

From 19th Oct - 1st Nov 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
06:00	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	CLOSED		06:00			
06:30								06:30			
07:00						ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	07:00
07:30											07:30
08:00											08:00
08:30											08:30
09:00	ADULT SWIM TRAINING (3 LANES) 9.10-9.55	OPEN SWIM	ADULT SWIM TRAINING (3 LANES) 9.10-9.55	OPEN SWIM	ADULT SWIM TRAINING (3 LANES) 9.10-9.55	OPEN SWIM	OPEN SWIM	09:00			
09:30								09:30			
10:00	OPEN SWIM	AQUA (3 LANES) 10.00 - 10.45 ADULT ONLY	OPEN SWIM		AQUA (3 LANES) 10.00 - 10.45 ADULT ONLY			10:00			
10:30								10:30			
11:00	AQUA (3 LANES) 11.00 - 11.45 ADULT ONLY	OPEN SWIM	AQUA (3 LANES) 11.00 - 11.45 ADULT ONLY		OPEN SWIM			11:00			
11:30								11:30			
12:00	ADULTS ONLY 12.00 - 14.00 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 14.00 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 14.00 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 14.00 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 14.00 LANE SWIMMING APPLIES			OPEN SWIM	OPEN SWIM	12:00	
12:30										12:30	
13:00						ADULTS ONLY 13.00- 14.00 LANE SWIMMING APPLIES	ADULTS ONLY 13.00- 14.00 LANE SWIMMING APPLIES			13:00	
13:30										13:30	
14:00	SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	14:00			
14:30								14:30			
15:00								15:00			
15:30								15:30			
16:00	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	16:00			
16:30								16:30			
17:00								17:00			
17:30								17:30			
18:00						ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	18:00			
18:30								18:30			
19:00								19:00			
19:30								19:30			
20:00	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	CLOSED		20:00			
20:30								20:30			
21:00								21:00			
21:30								21:30			

AQUA	Adults Only in the pool area during this class - at least one lane available for swimming
SPLASH TIME	Two lanes available for swimming
OPEN SWIM	One lane may be used for private lessons.
SWIM LESSONS	At least one lane will be free for open swim