

St George's Hill Lawn Tennis Apps



Club App **'St George's Hill LTC' App**

Book your tennis courts, squash courts and Lake Room restaurant table and have a browse at our upcoming events.



Junior App **'SGH Academy'**

Book your junior's tennis, squash & swimming programme session with a click of the button.



Fitness Classes App **'Technogym'**

Book all fitness classes via the Technogym app.



Club Account **'My Club Account'**

Check your live & current top up account from your mobile. Top up your levy with ease.

Any queries or questions please contact marketing@stghltc.co.uk

SOCIAL MEDIA

The main St George's Hill Lawn Tennis Club Instagram, Facebook & X account: @stghltc

Instagram pages:
@stghltc.tennis
@stghltc.fitness
@stghltc.spa
@stghltc.squash

Follow us and tag us in your photographs – we love to see them!



ST GEORGE'S HILL
LAWN TENNIS CLUB



Join the Club's WhatsApp Group



General Club updates and news



ST GEORGE'S HILL
LAWN TENNIS CLUB

What's on in your Club
**OCTOBER
2026**



Look inside for some of our fantastic events!

RACQUETS | FITNESS | SPA | JUNIORS | SOCIAL

SPA

Fall into Fresh Skin

Reveal your best skin this Autumn with a mini course of micro needling treatments. Reverse the effects of summer sun exposure and boost collagen production naturally.

Receive a 4th treatment free when you purchase a mini course of 3 treatments*

*Please note, you must have had or will require an initial treatment for £195 which includes complimentary skin scanning and two homecare products worth £98.

To book this Autumn October offer, contact the Spa today on 01932 268979 | spa@stghlhc.co.uk

ADULT
TENNIS
SOCIALSAT
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Club Tennis Ball

We welcome all members and their guests to celebrate the 2026 tennis season at our Club Tennis Ball.

The evening includes a welcome drink, two-course meal and entertainment. £60 members | £65 non-members, bookable at Reception. The evening begins promptly at 7pm.

FITNESS
WELLNESSFRI
9

Yoga for beginners, a 6-week foundation course

A perfect course for complete beginners and those who are returning to the mat after a break. This course introduces the core principles of yoga in a relaxed, supportive environment.

All sessions run from 1.30pm - 2.30pm in the Studio.

October: Friday 9th | Friday 16th | Friday 23rd | Friday 30th
November: Friday 6th | Friday 13th

Members £60 | Guests £70. Bookable at Reception.

FITNESS

SAT
10

Fun Fitness Morning, 9.00am - 12.30pm

Kick-start your weekend with an energising Fun Fitness Morning exclusively for our members.

Challenge yourself with exhilarating outdoor bootcamp sessions, then restore and recharge with a selection of inspiring holistic classes. Whether you're looking to push your limits, improve your wellbeing, or simply enjoy a fun morning with fellow members, there's something for everyone. Bookings will open 7 days in advance via the Technogym app.

JUNIOR
SAT
10

St George's Junior Swimming Gala

Join our Swimming Manager, Maria, our expert Swim Coaches, friendly Lifeguards and fellow members for this year's Club Junior Swimming Gala. Book at Reception.

JUNIOR

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JUNIOR HALF TERM ACTIVITIES

Junior Tennis Camps

Week 1: Monday 19th - Friday 23rd

Week 2: Monday 26th - Friday 30th

Junior morning tennis camps aimed at all levels of tennis.

Tots: 9:00-10:00am

Red: 9:00-11:00am

Orange/Green/Yellow: 9:00am-12:00pm

Bookings via SGH Academy App

Junior Squash Camps

Week 1: Tuesday 20th & Thursday 22nd

Week 2: Tuesday 27th & Thursday 29th

Junior squash camps for juniors who can rally.

Sessions will run at 9.30am-3pm and are £40 per day.

Bookings via SGH Academy App.

Junior Fitness Sessions

Week 1: Monday 19th, Wednesday 21st & Friday 23rd

Week 2: Monday 26th, Wednesday 28th & Friday 30th

9.30am - Junior Fun Fitness (8-10yrs)

10am - Junior Circuits (11-15yrs)

Each session is 30-minutes long, located at the Outdoor Fitness Area.

All sessions are bookable a day in advance. Book via the Technogym app using a parent/guardian's account where necessary otherwise simply call Reception to book a place.

SOCIAL
SAT
24

Military Gala Evening

We are delighted to invite members and their guests to an exceptional Military Gala Evening, supported by the Friendship Group. The evening will be graced by Henry Rice, a 100-year-old veteran and survivor of the Normandy Landings, alongside our distinguished guest speaker, Liz McConaghy, the longest-serving female crewmember on the Royal Air Force Chinook Fleet. Guests will enjoy performances by the Club Choir, together with an auction and raffle in support of Combat Stress, the UK's leading veterans' mental health charity. £60 per person Includes a welcome drink and a two-course dinner. Book at Reception.

JUNIOR
SAT
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Junior Halloween Party

Join us for Halloween games, dancing, competitions and more spooky fun! The evening includes a chicken goujon, pasta & chips buffet dinner for our juniors. All ages are welcome and there will be prizes for the spookiest costume. Party - 5pm-7pm. Junior members £16 | guests £18. Parents/guardians are welcome to dine in the Lake Room restaurant during the party.

SAVE THE DATE

Sunday 8th November

**Harry Potter themed
Fireworks Extravaganza**

Saturday 28th November

**St George's Hill LTC's
Christmas Fair**



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CLUB CONTACT DETAILS

Reception	01932 843541	reception@stghlhc.co.uk
Fitness	01932 268962	gym@stghlhc.co.uk
Tennis	01932 268956	tennis@stghlhc.co.uk
Squash	07809 155120	milesj@stghlhc.co.uk
Swimming	07871 735070	mariak@stghlhc.co.uk
Events	01932 268970	events@stghlhc.co.uk
Enews & Website	01932 268971	marketing@stghlhc.co.uk
Membership	01932 268978	membership@stghlhc.co.uk
Spa	01932 268979	spa@stghlhc.co.uk
Lake Room	01932 268964	