

POOL TIMETABLE

From 7th September 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
06:00	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	CLOSED		06:00				
06:30								06:30				
07:00						ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	07:00
07:30												07:30
08:00												08:00
08:30												08:30
09:00	ADULT SWIM TRAINING (3 LANES) 9.10-9.55	OPEN SWIM	ADULT SWIM TRAINING (3 LANES) 9.10-9.55	OPEN SWIM	ADULT SWIM TRAINING (3 LANES) 9.10-9.55	SWIMMING LESSONS 2 LANES	SWIMMING LESSONS 2 LANES	09:00				
09:30	OPEN SWIM	AQUA (3 LANES) 10.00 - 10.45 ADULT ONLY	OPEN SWIM	SWIMMING LESSONS 2 LANES 9.30-11.00	AQUA (3 LANES) 10.00 - 10.45 ADULT ONLY			09:30				
10:00				OPEN SWIM	AQUA (3 LANES) 11.00 - 11.45 ADULT ONLY			OPEN SWIM	OPEN SWIM	10:00		
10:30										10:30		
11:00	AQUA (3 LANES) 11.00 - 11.45 ADULT ONLY	OPEN SWIM	AQUA (3 LANES) 11.00 - 11.45 ADULT ONLY	OPEN SWIM	OPEN SWIM			11:00				
11:30	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES	ADULTS ONLY 12.00 - 13.30 LANE SWIMMING APPLIES			11:30				
12:00								12:00				
12:30								12:30				
13:00						ADULTS ONLY 13.00-14.00 LANE SWIMMING APPLIES	ADULTS ONLY 13.00-14.00 LANE SWIMMING APPLIES	13:00				
13:30	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	SPLASH TIME 2.00 - 4.00PM	SPLASH TIME 2.00 - 4.00PM	13:30				
14:00								14:00				
14:30								14:30				
15:00								15:00				
15:30								15:30				
16:00	SWIM LESSONS 2 LANES UNTIL 7.30PM	SWIM LESSONS 3 LANES UNTIL 7.30PM	SWIM LESSONS 2 LANES UNTIL 7.30PM	SWIM LESSONS 2 LANES UNTIL 7.30PM	SWIM LESSONS 2 LANES UNTIL 7.30PM	OPEN SWIM	OPEN SWIM	16:00				
16:30								16:30				
17:00								17:00				
17:30								17:30				
18:00						ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES
18:30	18:30											
19:00	19:00											
19:30	19:30											
20:00	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	ADULTS ONLY LANE SWIMMING APPLIES	CLOSED		20:00				
20:30								20:30				
21:00								21:00				
21:30								21:30				

AQUA	Adults Only in the pool area during this class - at least one lane available for swimming
SPLASH TIME	Two lanes available for swimming
OPEN SWIM	One lane may be used for private lessons.
SWIM LESSONS	At least one lane will be free for open swim